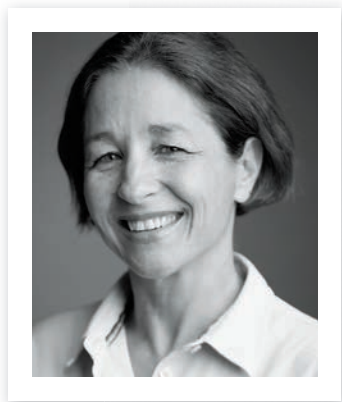


TRENDspotting

WHAT OUR EXPERTS ARE EATING, DRINKING AND BUYING THIS SEASON

BY KAT TANCOCK • PHOTOGRAPHY BY DONNA GRIFFITH

DIY DESSERT Recipe developer and stylist Heather Trim loves to cook, but when it comes to entertaining she likes to actually spend time with her guests, too. One solution? A self-serve dessert that showcases strong, simple flavours and local produce: bars of high-quality chocolate, a bowl of local strawberries and some barely-sweetened whipped cream. “It’s a really laid-back dessert,” she says. “It involves everyone eating together and helping themselves.” Place bars of chocolate—Trim’s favourites include Lindt milk and spicy bars from Soma Chocolate in Toronto—on a board with Parmesan knives for cutting, and unstemmed berries and cream in their own beautiful bowls. “It’s fun and it’s easy,” says Trim.



The marinated tuna sandwich on page 54 was inspired by Heather Trim’s recent vacation to Hawaii, where she enjoyed “incredible seared tuna.”

